

### Get to know DESCOVY for PrEP<sup>®</sup>

Eligible patients may pay as little as a \$0 co-pay.\* See page 11 for details.

All people featured in this brochure are DESCOVY\* users compensated by Gilead.

**DESCOVY for PrEP** (pre-exposure prophylaxis) is a once-daily prescription medicine for adults and adolescents at risk of HIV. It helps lower the chances of getting HIV through sex.

#### **DESCOVY for PrEP is not for everyone:**

- It is not for use in people assigned female at birth who are at risk of getting HIV from vaginal sex, because its effectiveness has not been studied.
- You must be HIV-negative before and while taking DESCOVY for PrEP.

**Talk to a healthcare provider** to see if DESCOVY for PrEP may be an option for you.

Please click here for Important Facts about <u>DESCOVY for PrEP</u>, including important warnings on the risk of drug resistance if you become HIV-positive and only take DESCOVY<sup>®</sup>, and worsening of hepatitis B infection.

\*Advancing Access® co-pay support is available for commercially insured eligible patients only. Subject to change: for full terms and conditions, visit <u>GileadAdvancingAccess.com</u>. I'm taking steps to help reduce my chances of getting HIV by talking to my healthcare provider about my HIV prevention plan, including PrEP medication.

> LAMONT PrEP user

## Understanding PrEP

**PrEP stands for pre-exposure prophylaxis**, and it means routinely taking medicine *before* you come in contact with HIV to help reduce the risk of getting HIV through sex.

### The CDC recommends all sexually active adults and adolescents be informed about PrEP.

### PrEP is:

- For people who are HIV-negative
- For people who may be at risk of getting HIV through sex
- Taking medication as prescribed by your healthcare provider

### You may benefit from PrEP if:

- You don't always use condoms
- You had or currently have an STI
- You have sexual partner(s) who don't know their HIV status

#### PrEP is not:

- Used in emergencies—like if a condom breaks
- A one-time-only strategy
- A prevention method for other sexually transmitted infections (STIs) or pregnancy
- For people who are living with HIV
- You have sex in a geographic area or sexual network\* where HIV is prevalent
- \*Your sexual network includes you, any current and past partners, plus all of their partners (and so on).

This is not a complete list of risk factors. Your healthcare provider can outline other possible factors and if they apply to you. They can also help you figure out your HIV prevention options.



# Most insurance plans should cover PrEP medicines and PrEP-related tests and services.

In 2019, the U.S. Preventive Services Task Force (USPSTF) issued a Grade "A" recommendation for PrEP (pre-exposure prophylaxis) medications, strongly recommending clinicians provide PrEP services to eligible patients.

When services and items like prescription medicines receive a Grade A or Grade B recommendation from USPSTF, the Affordable Care Act requires coverage by certain insurance plans\* with no cost sharing by individuals for the medicine.

For PrEP medications, under the Affordable Care Act, plans should accommodate individuals for whom a particular PrEP medication (generic or brand name) would be medically appropriate, as determined by the individual's healthcare provider. In addition, PrEP-related lab tests and other services such as adherence counseling may also be covered without cost sharing by certain insurance plans.

To learn more, please visit *pleaseprepme.org/paying-prep*.<sup>+</sup>

\*All non-grandfathered commercial payers and Medicaid expansion plans. \*Gilead is not affiliated with PleasePrEPMe.

For more information on HIV in your area, visit <u>AIDSVU.org</u>.

# DESCOVY for PrEP<sup>®</sup> is the smallest PrEP pill available

36

I naturally gravitate towards smaller pills in general. So DESCOVY for PrEP being the smallest PrEP option really works for me.

KEVIN | DESCOVY<sup>®</sup> user since 2020

#### What is DESCOVY for PrEP?

**DESCOVY for PrEP** (pre-exposure prophylaxis) is a once-daily prescription medicine for adults and adolescents at risk of HIV. It helps lower the chances of getting HIV through sex.

#### **DESCOVY for PrEP is not for everyone:**

- It is not for use in people assigned female at birth who are at risk of getting HIV from vaginal sex, because its effectiveness has not been studied.
- You must be HIV-negative before and while taking DESCOVY for PrEP.

## Talk to a healthcare provider to see if DESCOVY for PrEP may be an option for you.

# DESCOVY for PrEP is a small pill—similar in size to some breath mints





Images of pills and mint are not actual size.

#### Before and while taking DESCOVY for PrEP:

### You must be HIV-negative before you start and while taking DESCOVY for PrEP:

- Get tested for HIV-1 immediately before and at least every 3 months while taking DESCOVY
- If you think you were exposed to HIV-1, tell your healthcare provider right away. They may want to do more tests to confirm that you are still HIV-negative

### DESCOVY for PrEP doesn't prevent other sexually transmitted infections (STIs). There are things you can do to reduce the risk of getting STIs, like:

- Using latex or polyurethane condoms and lube
- Talking to your partner(s) about HIV and STI status and testing
- Getting tested regularly for HIV and other STIs
- Talking to a healthcare provider about how to help reduce the risk of getting STIs, including HIV

#### **DESCOVY can cause serious side effects:**

• Worsening of hepatitis B (HBV) infection. Your healthcare provider will test you for HBV. If you have HBV and stop taking DESCOVY, your HBV may suddenly get worse. Do not stop taking DESCOVY without first talking to your healthcare provider, as they will need to check your health or give you HBV medicine.

To learn more, visit AboutDescovy.com



### What is the most important information I should know about DESCOVY for PrEP®?

### Before and while taking DESCOVY for PrEP:

- You must be HIV-negative before you start and while taking DESCOVY for PrEP. You must get tested for HIV-1 immediately before and at least every 3 months while taking DESCOVY<sup>®</sup>. If you think you were exposed to HIV-1, tell your healthcare provider right away. They may want to do more tests to confirm that you are still HIV-negative.
- Many HIV-1 tests can miss HIV-1 infection in a person who has recently become infected. Tell

your healthcare provider if you had a flu-like illness within the last month before starting or while taking DESCOVY. Symptoms of new HIV-1 infection include tiredness, fever, joint or muscle aches, headache, sore throat, vomiting, diarrhea, rash, night sweats, and/or enlarged lymph nodes in the neck or groin.

- DESCOVY by itself is not a complete treatment for HIV-1. Do not take DESCOVY for PrEP unless you are confirmed to be HIV-1 negative.
- DESCOVY does not prevent other sexually transmitted infections (STIs). Practice safer sex by using a latex or polyurethane condom to reduce the risk of getting STIs.
- To further help reduce your risk of getting HIV-1:
- Do not miss any doses of DESCOVY. Missing doses may increase your risk of getting HIV-1.

- Know your HIV status and the HIV status of your partners. If your partner is living with HIV, your risk of getting HIV is lower if your partner consistently takes HIV treatment every day.
- Get tested for other STIs. Some STIs make it easier for HIV-1 to infect you.
- Talk to your healthcare provider about all the ways to help reduce HIV risk.

### DESCOVY can cause serious side effects:

• Worsening of hepatitis B (HBV) infection. Your healthcare provider will test you for HBV. If you have HBV and stop taking DESCOVY, your HBV may suddenly get worse. Do not stop taking DESCOVY without first talking to your healthcare provider, as they will need to check your health or give you HBV medicine.

### Who should not take DESCOVY for PrEP?

Do not take DESCOVY for PrEP if you:

• Already have HIV-1 or if you do not know your HIV-1 status. If you have HIV-1, you need to take other medicines with DESCOVY to treat HIV-1. If you have HIV-1 and take only DESCOVY, your HIV-1 may become harder to treat now and in the future.

### What are the other possible side effects of DESCOVY for PrEP?

Serious side effects of DESCOVY may also include:

- Kidney problems, including kidney failure. Your healthcare provider should do blood and urine tests to check your kidneys before and during treatment with DESCOVY. If you develop kidney problems, your healthcare provider may tell you to stop taking DESCOVY.
- Too much lactic acid in your blood (lactic acidosis), which is a serious but rare medical emergency that can lead to death. Tell your healthcare provider right away if you get these symptoms: weakness or being more tired than usual, unusual muscle pain, being short of breath or fast breathing, stomach pain with nausea and vomiting, cold or blue hands and feet, feel dizzy or lightheaded, or a fast or abnormal heartbeat.
- Severe liver problems, which in rare cases can lead to death. Tell your healthcare provider right away if you get these symptoms: skin or the white part of your eyes turns yellow, dark "tea-colored" urine, light-colored stools, loss of appetite for several days or longer, nausea, or stomach-area pain.

**Common side effects** in people taking DESCOVY for PrEP are diarrhea, nausea, headache, fatigue, and stomach pain. Tell your healthcare provider if you have any side effects that bother you or do not go away.

#### What should I tell my healthcare provider before taking DESCOVY for PrEP?

- All your health problems. Be sure to tell your healthcare provider if you have or have had any kidney or liver problems, including hepatitis.
- All the medicines you take, including prescription and over-thecounter medicines, vitamins, and herbal supplements. DESCOVY may interact with other medicines. Keep a list of all your medicines and show it to your healthcare provider and pharmacist when you get a new medicine.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit <u>www.FDA.gov/</u><u>medwatch</u>, or call 1–800-FDA-1088.



To learn more, visit *AboutDescovy.com* 

After talking to my partner about PrEP medications. I decided it was worth having a conversation with my doctor.

SERGIO DESCOVY<sup>®</sup> user since 2020

### Starting the conversation with a healthcare provider is the first step

0

#### It's important to be open about your sexual health with your healthcare provider.

They'll help you decide which safer sex practices and prevention methods are right for you. They are trained to be knowledgeable and can answer questions you may have. So, be open with your healthcare provider to help you stay better protected.

#### Not sure what to ask? Here are some potential 000 conversation starters:

- "How effective is DESCOVY for PrEP" "I'm in a relationship, and we're not at preventing HIV?"
- "I don't have sex often...Should I still consider DESCOVY for PrEP?"
- seeing anyone else. Could I still benefit from DESCOVY for PrEP?"
- "Besides taking DESCOVY for PrEP, how else can I help protect myself from HIV?"

DESCOVY for PrEP is for those at risk of getting HIV through sex, but it's not for everyone. DESCOVY for PrEP is not for use in people assigned female at birth who are at risk of getting HIV from vaginal sex, because its effectiveness has not been studied.

Starting DESCOVY for PrEP is a decision you will make with your healthcare provider. If it's not the right option for you, your healthcare provider will work with you to find the best way for you to help protect yourself.

#### Who should not take DESCOVY for PrEP?

DESCOVY for PrEP is not for people who are HIV-positive or don't know their HIV status. Before starting and while taking DESCOVY for PrEP, you have to be tested for HIV to confirm that you are HIV-negative.

If you think you might have been exposed to HIV before starting or while taking DESCOVY for PrEP, let a healthcare provider know right away. DESCOVY<sup>®</sup> by itself is not a complete treatment for HIV—in fact, taking DESCOVY alone to treat HIV can make HIV harder to treat now and in the future.

Do not take DESCOVY for PrEP if you weigh less than 77 pounds.

#### What should I tell my healthcare provider before taking **DESCOVY for PrEP?**

- All your health problems. Be sure to tell your healthcare provider if you have or have had any kidney or liver problems, including hepatitis.
- All the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. DESCOVY may interact with other medicines. Keep a list of all your medicines and show it to your healthcare provider and pharmacist when you get a new medicine.

#### Don't have a healthcare provider?

Go to **PrEPLocator.org** to find a healthcare provider who has experience prescribing PrEP medication.

To learn more, visit AboutDescovy.com



### **Taking DESCOVY for PrEP®**

I get up in the morning, do my 7 AM yoga, come back, and I take my DESCOVY<sup>®</sup>.

EVERETT | DESCOVY user since 2019

#### If you and your healthcare provider decide that DESCOVY for PrEP is right for you, there are a few important things to know:

- Take DESCOVY once a day, every day, with or without food. Not just when you think you've been exposed to HIV.
- DESCOVY for PrEP is most effective when taken every day. Do not miss any doses. Missing doses may increase your risk of getting HIV.
- DESCOVY helps reduce the risk of getting HIV. It doesn't prevent other sexually transmitted infections (STIs).
- Use safer sex practices, like using condoms, to help reduce the risk of getting STIs. Talk with your healthcare provider to learn more.

#### What to do if you:

#### Miss a dose

Take it as soon as you remember that day. Take only 1 dose per day. Do not take 2 doses to make up for what you missed. Call your healthcare provider or pharmacist if you're not sure what to do.

#### Run low on your prescription

Do your best to call in your next prescription once you reach the last 7 pills. If you have trouble remembering, set a reminder or see if your pharmacy has automatic refills.

#### Take too much

Call your healthcare provider, or if you think you are having a medical emergency go to the nearest hospital emergency room.

#### Have side effects

Tell your healthcare provider if you have any side effects that bother you or that do not go away.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit <u>www.FDA.gov/medwatch</u>, or call **1-800-FDA-1088**.



To learn more, visit *AboutDescovy.com* 



Knowing how effective it could be really helped with me deciding to speak to my healthcare provider.

> **KEVIN** DESCOVY<sup>®</sup> user since 2020

### 99.7% of people stayed HIV-negative while taking DESCOVY for PrEP® in a 2-year study

#### About the study

**The DISCOVER trial recruited 5,000+ people.** All study participants were either men or transgender women who have sex with men with diverse backgrounds and sexual practices who didn't always use condoms. Some participants had sexually transmitted infections. The results were analyzed when everyone had been in the study for

at least 2 years (~96 weeks), at that time:



**8 out of 2670** people taking DESCOVY tested HIV-positive during the clinical study.\*

99°4%

of people on TRUVADA®\* stayed HIV-negative

**15 out of 2665** people taking TRUVADA tested HIV-positive during the clinical study.<sup>\*</sup>

**Common side effects** in people taking DESCOVY for PrEP are diarrhea, nausea, headache, fatigue, and stomach pain. Tell your healthcare provider if you have any side effects that bother you or do not go away.

#### In the study, PrEP medicines worked best when taken every day.

\*1 of these 8 people was suspected to have HIV before the study began. \*TRUVADA (emtricitabine 200 mg/tenofovir disoproxil fumarate 300 mg) tablets. \*4 of these 15 people were suspected to have HIV before the study began.

To learn more, visit AboutDescovy.com

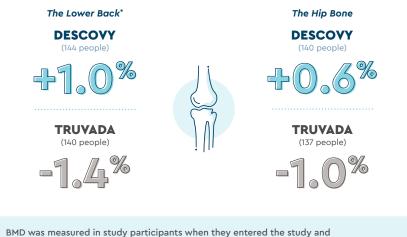




# DESCOVY for PrEP<sup>®</sup> had less impact on bone health than TRUVADA<sup>®</sup>

Bone mineral density, or BMD, is a good gauge of bone health. And for most people, our bones actually continue to grow into our 30s.

For people taking DESCOVY in the DISCOVER trial, their BMD was less impacted than those taking TRUVADA<sup>®</sup> (at about 2 years or ~96 weeks).



BMD was measured in study participants when they entered the study and again at 2 years from the start of the study.

The long-term significance of these changes in BMD is not known.

\*Also known as the lumbar spine. Your lumbar spine consists of the five bones (vertebra) in your lower back.

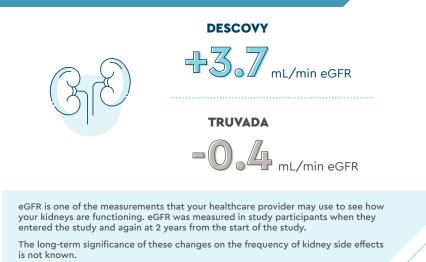
# DESCOVY had less impact on kidney function lab tests than TRUVADA

Kidneys help keep you healthy by removing waste from your blood, that's why it's important to take care of them. DESCOVY for PrEP works just as well at helping prevent HIV as TRUVADA for PrEP®, with less impact on your kidneys.

#### DESCOVY may cause new or worsening kidney problems, including

**kidney failure.** Your healthcare provider should do blood and urine tests to check your kidneys before you start and while taking DESCOVY. Your healthcare provider may tell you to stop taking DESCOVY if you develop new or worse kidney problems.

In the DISCOVER trial, those taking DESCOVY had **less** impact on certain kidney function lab tests than those taking TRUVADA (at about 2 years or ~96 weeks).



#### To learn more, visit AboutDescovy.com



In the DISCOVER trial, 1% of people on DESCOVY for PrEP<sup>®</sup> stopped taking it because of side effects, compared to 2% of people taking TRUVADA<sup>®\*</sup> for at least 2 years (~96 weeks)



#### **Common side effects for DESCOVY**

The results were analyzed when everyone had been in the study for at least 2 years (~96 weeks). At that point, common side effects<sup>+</sup> included:

Diarrhea	DESCOVY 5 <sup>°</sup>	
Nausea	<b>4</b> *	<b>5</b> <sup>*</sup>
Headache	<b>2</b> <sup>*</sup>	<b>2</b> <sup>*</sup>
Fatigue	<b>2</b> <sup>*</sup>	<b>3</b> <sup>~</sup>
Stomach Discomfort <sup>*</sup>	<b>2</b> <sup>*</sup>	<b>3</b> <sup>°</sup>

\*TRUVADA (emtricitabine 200 mg/tenofovir disoproxil fumarate 300 mg) tablets.

<sup>†</sup>Common side effects include any reported in 2% or more of study participants taking DESCOVY for PrEP. <sup>‡</sup>Stomach discomfort can mean abdominal or gastrointestinal pain or discomfort.

## DESCOVY can cause serious side effects:

• Worsening of hepatitis B (HBV)

**infection.** Your healthcare provider will test you for HBV. If you have HBV and stop taking DESCOVY, your HBV may suddenly get worse. Do not stop taking DESCOVY without first talking to your healthcare provider, as they will need to check your health or give you HBV medicine.

## What are the other possible side effects of DESCOVY for PrEP?

#### Serious side effects of DESCOVY may also include:

- Kidney problems, including kidney failure. Your healthcare provider should do blood and urine tests to check your kidneys before and during treatment with DESCOVY. If you develop kidney problems, your healthcare provider may tell you to stop taking DESCOVY.
- Too much lactic acid in your blood (lactic acidosis), which is a serious but rare medical emergency that can lead to death. Tell your healthcare provider right away if you get these symptoms: weakness or being more tired than usual, unusual muscle pain, being short of breath or fast breathing, stomach pain with nausea and vomiting, cold or blue hands and feet, feel dizzy or lightheaded, or a fast or abnormal heartbeat.
- Severe liver problems, which in rare cases can lead to death. Tell your healthcare provider right away if you get these symptoms: skin or the white part of your eyes turns yellow, dark "tea-colored" urine, light-colored stools, loss of appetite for several days or longer, nausea, or stomach-area pain.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit <u>www.FDA.gov/medwatch</u>, or call **1-800-FDA-1088**.

To learn more, visit AboutDescovy.com





Worried about cost? Insurance or no insurance, Gilead's Advancing Access<sup>®</sup> program may be able to help



The Gilead Advancing Access program is committed to helping you afford your Gilead medicine. If eligible, Advancing Access may be able to help you lower your co-pay<sup>\*</sup> to as little as \$0.

#### What is a co-pay?

A co-pay is a fixed amount you pay for a health service, like a doctor's visit, lab tests, or a prescription.

### Advancing Access may be able to help you lower your co-pay\*

**ADVANCING** Enroll at GileadAdvancingAccess.com. **ACCESS**®

Call 1-800-226-2056 | Monday-Friday | 9 AM-8 PM ET

Your out-of-pocket cost for DESCOVY for PrEP depends on your specific circumstances and insurance plan. To learn more about how much you can expect to pay, visit **descovypriceinfo.com**.

### Get financial and insurance help from Advancing Access

#### If you have commercial insurance

The Gilead Advancing Access co-pay coupon card might help you save. For some people, that could mean paying as little as a \$0 co-pay. For terms and conditions, visit GileadAdvancingAccess.com.

Navigating your insurance plan can be difficult. Advancing Access program specialists may be able to help you understand your insurance coverage and benefits.

#### If you have government insurance

If you are enrolled in a government healthcare program (such as Medicare Part D, Medicaid, TRICARE, or VA), you are not eligible for the Gilead Advancing Access co-pay coupon card program. However, Gilead Advancing Access may be able to help provide information about financial support through alternative sources of funding.

#### If you do not have insurance

You may be able to receive DESCOVY for PrEP free of charge if you qualify for the Medication Assistance Program. Gilead Advancing Access can help you determine if you are qualified for this program, or help you find alternative coverage options if you are not.

\*For commercially insured eligible patients only. See terms and conditions at GileadAdvancingAccess.com.

To learn more, visit AboutDescovy.com



Looking for a healthcare provider who has experience prescribing PrEP medication?

Visit **PrEPLocator.org**.

#### Find a testing location

Visit **gettested.cdc.gov** to find a testing location near you.

#### Have other sexual health questions?

AIDS Service Organizations (ASOs) and Community-Based Organizations (CBOs) offer everything from sexually transmitted infection (STI) testing to counseling services. There may be one in your area that can help you. Visit **Iocator.hiv.gov** to find an ASO or CBO near you.

#### **Need condoms?**

ASOs and CBOs often provide free condoms. Or you can visit **www.condomfinder.org** to find free protection near you.

#### Tips to help you establish your daily DESCOVY for PrEP<sup>®</sup> routine:

- Set a daily reminder on your phone
- Attach your reminder to something else you already do each day, like having your first cup of coffee
- Take one pill when you wake up in the morning or before you go to bed

DESCOVY I

since 202

Just getting started with DESCOVY for PrEP? Sign up for the DESCOVY Starter Series, a series of emails designed to help new DESCOVY users get started on the right foot.

Sign up today at <u>www.descovy.com/registration</u>

To learn more, visit AboutDescovy.com

Please click here for Important Facts about <u>DESCOVY for PrEP</u>, including **important warnings**, on page 14.



Use these resources to help you stay on track and get the support you need

#### VERONICA DESCOVY<sup>®</sup> user since 2020

**EVERETT** DESCOVY<sup>®</sup> user since 2019

# Ask a healthcare provider if **DESCOVY for PrEP**<sup>®</sup> is right for you.

#### Get more information at AboutDescovy.com

Please click here for Important Facts about <u>DESCOVY for PrEP</u>, including **important warnings**, on page 14.



DESCOVY FOR PREP, the DESCOVY FOR PREP Logo, the DESCOVY Blue Pill Design, DESCOVY, the DESCOVY Logo, TRUVADA FOR PREP, TRUVADA, ADVANCING ACCESS, GILEAD, and the GILEAD Logo are trademarks of Gilead Sciences, Inc., or its related companies.

© 2025 Gilead Sciences, Inc. All rights reserved. US-DVYC-0268 02/25





#### (des-KOH-vee)

### MOST IMPORTANT INFORMATION ABOUT DESCOVY FOR PrEP

#### Before starting and while taking DESCOVY for PrEP:

- You must be HIV-1 negative. You must get tested to make sure that you do not already have HIV-1. Do not take DESCOVY for PrEP to reduce the risk of getting HIV-1 unless you are confirmed to be HIV-1 negative. Get tested for HIV-1 immediately before and at least every 3 months while taking DESCOVY.
- Many HIV-1 tests can miss HIV-1 infection in a person who has recently become infected. Symptoms of new HIV-1 infection include tiredness, fever, joint or muscle aches, headache, sore throat, vomiting, diarrhea, rash, night sweats, and/or enlarged lymph nodes in the neck or groin. Tell your healthcare provider if you have had a flu-like illness within the last month before starting or while taking DESCOVY.
- DESCOVY does not prevent other sexually transmitted infections (STIs). Practice safer sex by using a latex or polyurethane condom to reduce the risk of getting STIs.
- DESCOVY by itself is not a complete treatment for HIV-1. If you do become HIV-1 positive, you need more medicine than DESCOVY alone to treat HIV-1.

#### DESCOVY may cause serious side effects, including:

• Worsening of hepatitis B (HBV) infection. Your healthcare provider will test you for HBV. If you have HBV, your HBV may suddenly get worse if you stop taking DESCOVY. Do not stop taking DESCOVY without first talking to your healthcare provider, as they will need to check or give you HBV medicine.

#### **ABOUT DESCOVY FOR PrEP**

DESCOVY for PrEP is a once-daily prescription medicine for adults and adolescents at risk of HIV who weigh at least 77 pounds. It helps lower the chances of getting HIV through sex.

#### **DESCOVY** for PrEP is not for everyone:

- It is not for use in people assigned female at birth who are at risk of getting HIV from vaginal sex, because its effectiveness has not been studied.
- You must be HIV-negative before and while taking DESCOVY for PrEP.

To help determine your risk of getting HIV-1, talk openly with your healthcare provider about your sexual health.

#### Do NOT take DESCOVY for PrEP if you:

• Already have HIV-1 infection or if you do not know your HIV-1 status.

#### **BEFORE TAKING DESCOVY FOR PrEP**

#### Tell your healthcare provider if you:

- Have or have had any kidney or liver problems, including hepatitis.
- Have any other medical conditions.

#### Tell your healthcare provider about all the medicines you take:

- Keep a list that includes all prescription and over-the-counter medicines, vitamins, and herbal supplements, and show it to your healthcare provider and pharmacist.
- Ask your healthcare provider or pharmacist about medicines that should not be taken with DESCOVY for PrEP.

#### **IMPORTANT FACTS**

This is only a brief summary of important information about taking DESCOVY for PrEP<sup>®</sup> (pre-exposure prophylaxis). This does not replace talking to your healthcare provider about your medicine.

#### POSSIBLE SIDE EFFECTS OF DESCOVY FOR PrEP

#### DESCOVY® can cause serious side effects, including:

- Those in the "Most Important Information About DESCOVY for PrEP" section.
- · New or worse kidney problems, including kidney failure.
- Too much lactic acid in your blood (lactic acidosis), which is a serious but rare medical emergency that can lead to death. Tell your healthcare provider right away if you get these symptoms: weakness or being more tired than usual, unusual muscle pain, being short of breath or fast breathing, stomach pain with nausea and vomiting, cold or blue hands and feet, feel dizzy or lightheaded, or a fast or abnormal heartbeat.
- Severe liver problems, which in rare cases can lead to death. Tell your healthcare provider right away if you get these symptoms: skin or the white part of your eyes turns yellow, dark "tea-colored" urine, light-colored stools, loss of appetite for several days or longer, nausea, or stomach-area pain.

**Common side effects** in people taking DESCOVY for PrEP include diarrhea, nausea, headache, fatigue, and stomach pain.

These are not all the possible side effects of DESCOVY. Tell your healthcare provider right away if you have any new symptoms while taking DESCOVY for PrEP.

Your healthcare provider will need to do tests to monitor your health before and during treatment with DESCOVY for PrEP.

#### HOW TO TAKE DESCOVY FOR PrEP

- Take 1 tablet once a day, every day, not just when you think you have been exposed to HIV-1.
- Do not miss any doses. Missing doses may increase your risk of getting HIV-1 infection.
- Get tested for HIV-1 at least every 3 months. You must stay HIV-negative to keep taking DESCOVY for PrEP.

#### HOW TO FURTHER REDUCE YOUR RISK

- Know your HIV status and the HIV status of your partners.
- Get tested for other STIs. Some STIs make it easier for HIV-1 to infect you.
- Practice safer sex by using latex or polyurethane condoms.
- Talk to your healthcare provider about all the ways to help reduce HIV risk.

#### **GET MORE INFORMATION**

- This is only a brief summary of important information about DESCOVY for PrEP. Talk to your healthcare provider or pharmacist to learn more.
- Go to DESCOVY.com/prep or call 1-800-GILEAD-5
- If you need help paying for your medicine, visit DESCOVY.com/prep for program information.



DESCOVY, the DESCOVY Logo, the DESCOVY FOR PrEP Logo, DESCOVY FOR PrEP, GILEAD, and the GILEAD Logo are trademarks of Gilead Sciences, Inc., or its related companies. Version date: January 2020